

PERSONAL INFORMATION**Daniele Del Rio**

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Sex: M Date of birth: 22/06/1976 Tax ID: DLRDNL76H2H223Y Nationality: Italian

**CURRENT POSITION**

Vice Rector (Research and Technology Transfer), University of Parma
Full Professor of Human Nutrition
Chair of the Board of Directors and Scientific Coordinator - OnFoods Foundation (<https://onfoods.it>)
Visiting Professor, School of Biomedical Sciences, Ulster University, UK
Director, Medical Specialty School in Human Nutrition, University of Parma.

ADDITIONAL RELEVANT POSITIONS

- Associate Editor, International Journal of Food Sciences and Nutrition (Taylor & Francis)
- Head, Scientific Advisory Board, Fondazione Edmund Mach, San Michele all'Adige, TN, Italy.
- Member of the Scientific Advisory Board of the Research Institute of Nutrition and Food Safety at the [University of Barcelona](#) (INSA-UB), Spain.
- Member of the Scientific Advisory Board of the [Institute of Nutrition and Functional Foods](#) of the Laval University, Quebec, Canada.

RESEARCH FIELD

My team and I have investigated the link between plant foods and health for the last 15 years, with a specific focus on how plant secondary metabolites are absorbed, transformed by human and microbial enzymes, how they might affect human physiology and protect against chronic diseases, and how these effects are variable among individuals. These results have been achieved using several *in vitro* and *in vivo* experimental models and through the design and application of human intervention studies.

WORK EXPERIENCE

November 2024 - today	Vice-Rector (Research and Technology Transfer) University of Parma, Italy
March 2021 - today	Full Professor in Human Nutrition (S.S.D. MED/49) University of Parma, Italy
November 2015- February 2021	Associate Professor in Human Nutrition (S.S.D. MED/49) University of Parma, Italy
January 2015 - December 2017	Visiting Fellow Wolfson College, University of Cambridge, UK.
July 2014 - September 2017	Honorary Visiting Scholar Volunteer Studies and Clinical Services, British Medical Research Council (MRC) Human Nutrition Research (HNR) Unit, Elsie Widdowson Laboratories, Cambridge, UK.
November 2005- October 2014	Assistant Professor in Human Nutrition (S.S.D. BIO/09) University of Parma, Italy
October 2002 - September 2003	Visiting Scientist Plant Products and Human Nutrition Group, Division of Biochemistry and Molecular Biology, Institute of Biomedical and Life Sciences, University of Glasgow, UK

EDUCATION AND TRAINING

March 2004	The European Nutrition Leadership Programme Luxembourg
2001 -2003	PhD in Food Science University of Parma
2000	Degree in Food Science and Technology University of Parma

PERSONAL SKILLS

Mother tongue

Italian

Other languages

English (Level C2, speaking and writing)

ADDITIONAL INFORMATION

Publications and main indexes

Total number of publications in peer-review journals: 309
H-Index: 74 (Scopus), 87 (Google Scholar), 71 (Web of Science)
Google Scholar Page: http://scholar.google.com/citations?user=IHv_1mIAAAJ&hl
Scopus: <https://www.scopus.com/authid/detail.uri?authorId=57195726376>
WoS: <https://www.webofscience.com/wos/author/record/E-8696-2010>
ORCID: <http://orcid.org/0000-0001-5394-1259>

Presentations at conferences

Over 60 invited and plenary lectures on nutrition and health related topics at national and international conferences.

Main projects (last 5 years)

- 2019 - 2023 Mediterranean Enriched Diet for tackling Youth Obesity (MED4Youth). Call: PRIMA - Partnership for Research and Innovation in the Mediterranean Area
- 2020 - 2023 FoodPhyt: Food phytochemicals matter for cardiometabolic health. Call: ERA HDHL: Impact of Diet, Food Components and Food Processing on Body Weight Regulation and Related Metabolic Diseases.
- 2021 - 2024 SaffronFood - "Valorisation of saffron and its floral by-products as sustainable innovative sources for the development of high added-value food products" Call: PRIMA - Partnership for Research and Innovation in the Mediterranean Area.
- 2022 - 2026 ONFOODS - Research and innovation network on food and nutrition Sustainability, Safety and Security. Project funded under the National Recovery and Resilience Plan (NRRP), Mission 4 Component 2 Investment 1.3 - Call for tender No. 341 of 15/03/2022 of Italian Ministry of University and Research funded by the European Union NextGenerationEU.
- 2024 - 2027 Addressing malnutrition and metabolic health in non-communicable diseases through precision Nutrition: impact in quality of life and prognosis of lung cancer patients (MENTORING). HORIZON-EIC-2023-PATHFINDERCHALLENGES-01-03.
- 2024 - 2027 MAEVE: Microbiota mediated flavonoid metabolites for cognitive health. National Institutes of Health, Award Number: 1R01AG081768-01A1 (With UCLA, University College Cork, Ulster University).

Honours and awards

- Commendatore dell'Ordine al Merito (Commander) della Repubblica Italiana- January 2017.
- 2019 - 2024 - Clarivate/Web of Science Highly Cited Researcher
- 2023 - Kosuna Distinguished Lecturer, University of California Davis.
- 2016 - Italian Junior Chamber International (JCI) The Outstanding Young Person (TOYP) Award for Research.
- 2015 - Thomson-Reuters Highly Cited Researcher.
- 2014 - Thomson-Reuters Highly Cited Researcher.

Memberships and managerial activities

- Member of the Federation of European Nutrition Societies (FENS) working group (WGs) on "External communication and public trust" (until 2023).
- Member of the Board of Director (non-executive), The NNEdPro Global Institute for Food, Nutrition, and Health, St John's Innovation Centre, Cambridge (Active).
- Member of the Scientific Advisory Board of The Joint Programming Initiative 'A Healthy Diet for a Healthy Life' (JPI-HDHL). (<https://healthydietforhealthylife.eu/index.php/sab-site-restyling>) (until 2023)
- Member of the General Assembly, The European Food Information Council (EUFIC) (until 2025).
- Management Committee Member, *BMJ Nutrition, Prevention & Health* Journal.
- Board member, Center for the Studies of European and International Affairs, University of Parma.

Date, 10/01/2026

Signature

