



BIANCA ROMANELLI

Ph.D. student in Human Nutrition

CONTACTS

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DATE OF BIRTH

14/05/1999

TECHNICAL SKILLS

- Laboratory techniques
- Data analysis
- Proficient in Microsoft Office (Word, Power Point, Excel)

SOFT SKILLS

- Effective written and oral communication
- Teamwork and collaboration

LANGUAGE

Italian: native speaker

English: C1

French: B1

EDUCATION

Master degree in Food Science for Innovation and Authenticity

Bolzano, 2022-2024

2nd year pathway in Human Nutrition, in Parma

- Erasmus in Wageningen (Sep 2023-Dec 2023)
- 8 months internship in Human Nutrition Unit, in Parma

Bachelor degree in Food Science and Technology

Parma, 2018-2022

- 3 months Internship in Human Nutrition Unit, in Parma

High school degree at Liceo Classico

Parma, 2013-2018

Bilingual pathway, studying English and French

- In 2014, one week course in Nice in a French school
- In 2016 and 2017, two-week summer school in Glasgow in an English school for foreigners

PROFESSIONAL EXPERIENCE

Ph.D. student in Human Nutrition Unit

November 2024 - present

The Ph.D. project is focusing on the study of a specific class of (poly)phenols, flavan-3-ols, in human biological samples through the use of several chromatographic techniques.

Internship in Human Nutrition Unit

March 2024 - October 2024

Internship and thesis project on the validation of an analytical method for the assessment of phenolic metabolites in human biological samples. The project was part of an intervention study aiming at evaluating if personalized nutrition influences the decrease of cardiovascular risk factors.

Internship in Human Nutrition Unit

March 2021 - July 2021

Conducted a comprehensive literature review to evaluate and select relevant scientific articles and reviews for inclusion in a broader scientific paper focused on the human gut microbiome, the impact of dietary fiber, and its association with human health and well-being.